



## INTRODUCTIONS

YOUR NAME HOW ARE YOU TODAY?

HOW LONG HAVE YOU BEEN A FOUNDING MEMBER? WHAT DO YOU LOVE MOST ABOUT RENDER FREE?





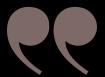


# WHERE WE'VE BEEN

THE GENESIS STORY OF

RENDERFREE





The constant refrain of respectability politics, explicitly or implicitly, is that marginalized people must rise above <a href="RACISM">RACISM</a> and <a href="SEXISM">SEXISM</a> and the emotions they inspire—such as anger, depression and anxiety—in order to gain favor from those in power...

- Joshunda Sanders,

Black Women, Let Your Anger Out



...the clash of POWERLESSNESS with internalized historical representations of the "STRONG BLACK WOMAN" increases the risk of internal distress, frustration, and anger in African American women.

- Shirley A. Thomas, Powerlessness and Anger in African American Women: The Intersection of Race and Gender

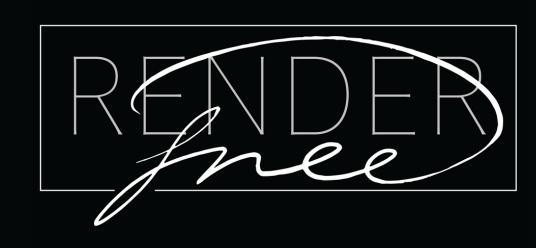




Once that such powerlessness is ACKNOWLEDGED, women can begin to develop EMPOWERING STRATEGIES to help create healthy solutions to her problems that rest within realistic and rational boundaries of control.

- Shirley A. Thomas, Powerlessness and Anger in African American Women: The Intersection of Race and Gender





### DISRUPT RACIAL TRUAMA

ACKNOWLEDGING THE EFFECTS OF RACISM + ANTI-BLACK VIOLENCE

PROMOTING THE PURSUIT OF WELLNESS AND HEALING

PRIORITIZING BLACK + BROWN WOMEN

OFFERING DEDICATED SPACE



## VISION

A collective shift in society, in which all live by this truth:

Black and Brown women deserve to be well and free.



# RENDER FREE LLC EST MARCH 2020





OPENED
OCTOBER '20

THURSDAY
FRIDAY
8-4P





# WHERE WE ARE

CURRENT OFFERINGS OF

RENDERFREE







- SETTING BOUNDARIES
- PERSONAL HISTORY
- NAVIGATING PWI
- DESERVING DELIGHT

## FEATURED PRACTITIONER

DINNER PARTY COOK ALONG WITH SELAH MICHELE

TRAPSOUL YOGA WITH SIERRA CARTER

INTUITIVE PAINTING WITH ATHENA ESTIME





# WEBSITE REVIEW

MEMBERSHIP

MEMBER PORTAL

CONTENT + RESOURCES

KEYSTONE EVENTS

# RENDER FREE

WILL ALWAYS



Providing a space for solitude + solidarity



Highlighting strategies of healing



Promoting a communal pursuit of wellbeing

# WHERE WE ARE

LET'S BUILD A HAVEN



## June 1

BUILDING A HAVEN

LOUNGE | WORKSPACE | RETREAT



# BUILDING A HAVEN PROJECT

Increase memberships and conduct a successful capital campaign that will allow for the purchase of a new building and an expansion of offerings.

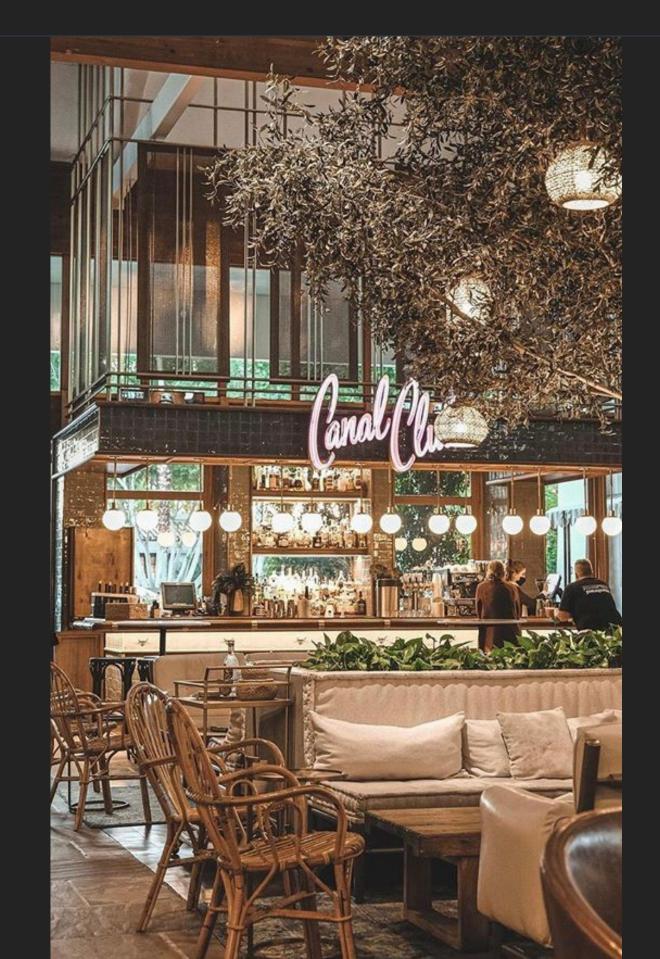


#### VISION

#### BUILDING A HAVEN

- Members-only access to shared workspace and lounge 5 days per week
- Increase in events centering wellness and healing
- Regular hours and events, open to community
- Boutique retreat hotel

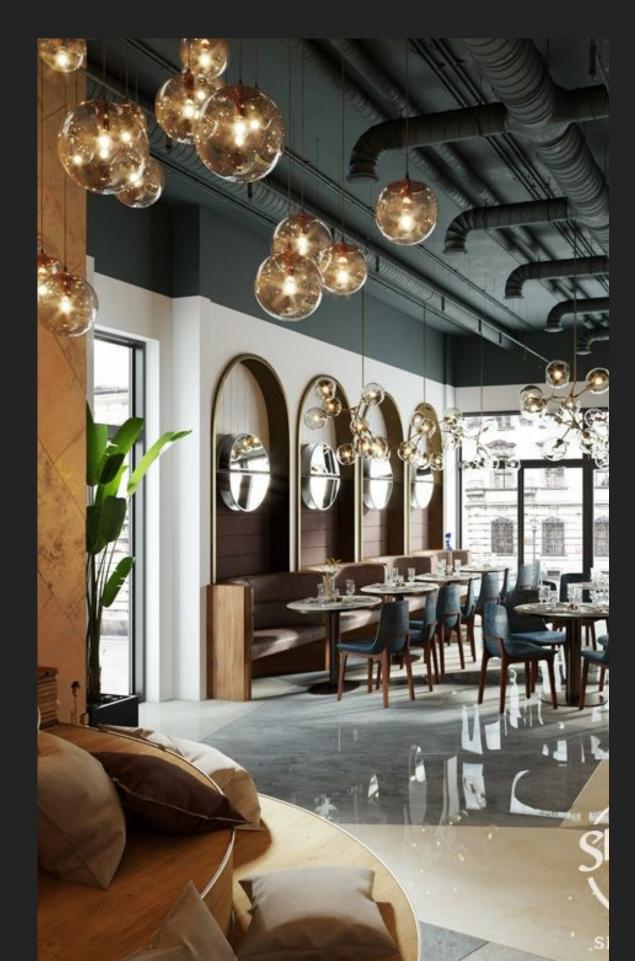


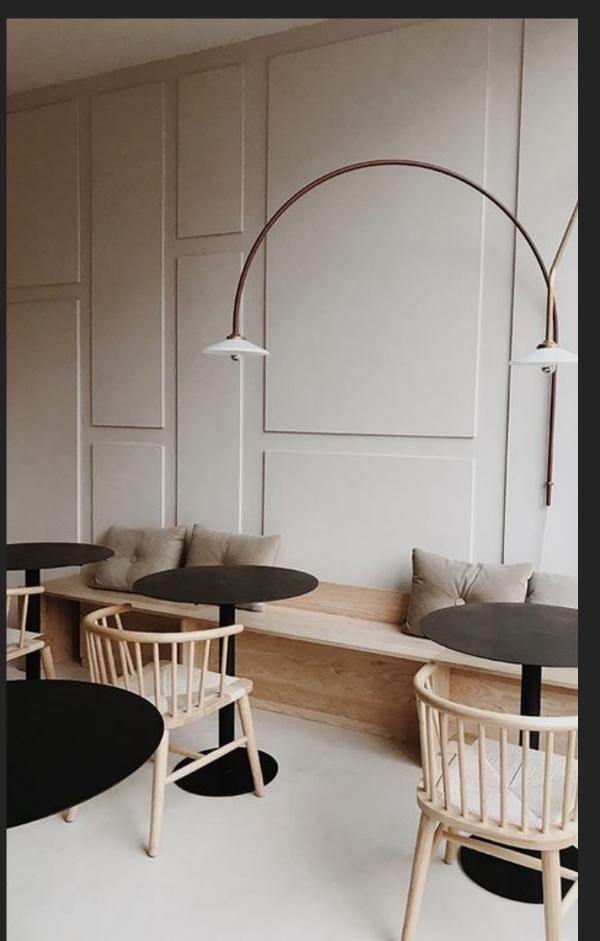










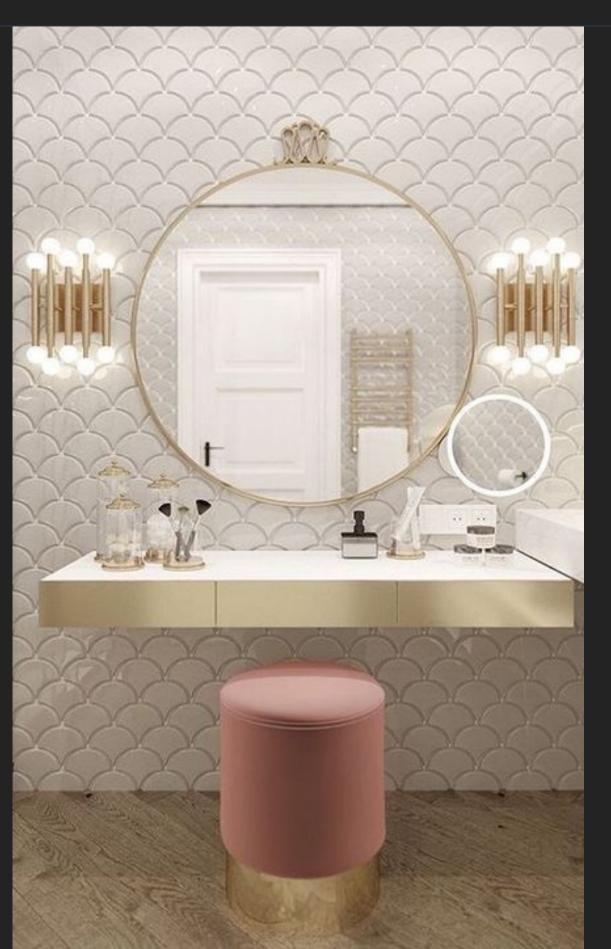




#### RENDER FREE | BUILDING A HAVEN PROJECT









# HOW WILL WE GET THERE?

- Increase in individual membership
  - Business membership

GOAL: 150 Members

# BUILD A HAVEN WITH US

## COMING SOON

Invitation to join our campaign team (5)
Appear on our campaign film

# BUILD A HAVEN WITH US

RIGHT NOW: SPREAD THE WORD

Use your Guest Passes
Bring your girls (After Hours Event)
Use our AdvoKITs